



1 Country Club Plaza, Orinda, CA 94563
Ph: 925-254-3805 Fax: 925-254-9783

Name (Last, First, M.I.): _____ Date: _____

Marital status: Single Partnered Married Separated Divorced Widowed

Number of children: _____ Living: _____ Deceased: _____

Occupation is/was: _____

Previous or referring doctor: _____

Date of last physical exam: _____

HEALTH HISTORY QUESTIONNAIRE

Please complete this entire questionnaire. It will provide your care team with important information about your health.

All answers contained in this questionnaire are strictly confidential and will become part of your medical record.

Please indicate if YOU have a history of the following:

- | | | | |
|--|--|--|--|
| <input type="checkbox"/> Alcohol Abuse | <input type="checkbox"/> Anemia | <input type="checkbox"/> Anesthetic Complication | <input type="checkbox"/> Anxiety Disorder |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Asthma | <input type="checkbox"/> Autoimmune Problems | <input type="checkbox"/> Birth Defects |
| <input type="checkbox"/> Bladder Problems | <input type="checkbox"/> Bleeding Disease | <input type="checkbox"/> Blood Clots | <input type="checkbox"/> Bowel Disease |
| <input type="checkbox"/> Breast Cancer | <input type="checkbox"/> Cervical Cancer | <input type="checkbox"/> Colon Cancer | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Migraines | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Prostate Cancer | <input type="checkbox"/> Reflux/GERD | <input type="checkbox"/> Seizures/Convulsions | <input type="checkbox"/> Severe Allergy |
| <input type="checkbox"/> Sexually Transmitted Disease | <input type="checkbox"/> Skin Cancer | <input type="checkbox"/> Stroke/TIA | |
| <input type="checkbox"/> Suicide Attempt | <input type="checkbox"/> Thyroid Problems | <input type="checkbox"/> Ulcer | <input type="checkbox"/> Visual Impairment |
| <input type="checkbox"/> Other Disease, Cancer, or Significant Medical Illness | | <input type="checkbox"/> NONE of the Above | |
-

Childhood Illness:

- Measles Mumps Rubella Chickenpox
 Rheumatic Fever Polio None

Immunizations and Dates:

- Tetanus_____ Pneumonia_____ Shingles_____ Hepatitis B_____
- Influenza_____ MMR Measles, Mumps, Rubella_____ Covid _____

Tests/Screenings Dates:

- Colonoscopy_____ DEXA bone scan_____ AAA Screening_____
- PAP_____ Mammogram _____ CT Lung Screening_____

Past Surgeries:

Year_____ Reason_____

Year_____ Reason_____

Year_____ Reason_____

Year_____ Reason_____

I have had no surgeries

Other hospitalizations:

Year_____ Reason_____

Hospital_____

Year_____ Reason_____

Hospital_____

Year_____ Reason_____

Hospital_____

Year_____ Reason_____

Hospital_____

I have never been hospitalized

Family Medical History:

Please indicate if YOUR FAMILY has a history of the following: (ONLY include parents, grandparents, siblings, and children)

- I am adopted and do not know biological family history
 - Family History Unknown
 - Alcohol Abuse Anemia Anesthetic Complication Anxiety Disorder
 - Arthritis Asthma Autoimmune Problems Birth Defects
 - Bladder Problems Bleeding Disease Blood Clots Bowel Disease
 - Breast Cancer Cervical Cancer Colon Cancer Depression
 - Diabetes Hypertension Migraines Osteoporosis
 - Prostate Cancer Reflux/GERD Seizures/Convulsions Severe Allergy
 - Sexually Transmitted Disease Skin Cancer Stroke/TIA
 - Suicide Attempt Thyroid Problems Ulcer Visual Impairment
 - Other Disease, Cancer, or Significant Medical Illness NONE of the Above
-

List your prescribed drugs and over-the-counter drugs, such as vitamins and inhalers:

Drug _____ Dose/Frequency _____ Drug _____
Dose/Frequency _____

Drug _____ Dose/Frequency _____ Drug _____
Dose/Frequency _____

Drug _____ Dose/Frequency _____ Drug _____
Dose/Frequency _____

Drug _____ Dose/Frequency _____ Drug _____
Dose/Frequency _____

- List additional drugs on back of questionnaire
- I take no medications, vitamins, herbals, or any other over-the-counter preparations

Allergies:

Name _____ Reaction _____

Name _____ Reaction _____

Name _____ Reaction _____

Name _____ Reaction _____

I have no known drug allergies

Social History:

ALL QUESTIONS CONTAINED IN THIS QUESTIONNAIRE ARE OPTIONAL AND WILL BE KEPT STRICTLY CONFIDENTIAL

Exercise: Yes No

If yes, how many minutes per week? _____

Diet Are you dieting? Yes, _____ No

Caffeine: None Coffee Tea Cola

of cups/cans per day? _____

Alcohol: Yes No

If yes, what kind? _____ How many drinks per week? _____

Tobacco:

Current: cigarettes or cigars; _____ pks/day for _____ years

Former, year quit: _____ Never

Drugs: Do you currently use recreational or street drugs? Y: _____ N

Please circle any symptoms you are currently experiencing or symptoms you have frequently experienced:

Fever Chills Eye pain Red eyes Earache Loss of hearing Chest pain Palpitations Shortness of breath Wheezing Abdominal pain Vomiting Pain with urination Urinary incontinence Muscle/joint pain Skin lesions Skin wound Confusion Convulsions/seizures Suicidal Sleep disturbances Decreased libido/sexual desire Dry eyes Eyes itch Sore throat Hoarseness	Easy bleeding or bruising Feeling poorly Feeling tired/fatigued Eyesight problems Discharge from eyes Nosebleeds Discharge from nose Fast/slow heartbeat Cold hands/feet Cough Shortness of breath with activity Constipation Diarrhea Frequent urination at night Joint swelling Joint stiffness Itching Change in mole Dizziness Fainting Anxiety Depression Swollen glands Recent weight gain Recent weight loss	Muscle pain Swelling in legs Difficulty breathing while lying down/sleeping Heartburn Black, tarry stools Limb pain Limb weakness Difficulty walking Change in personality Emotional problems Deepening of voice Vision changes Ringing in ears Sinus problems History of heart murmur History of heart attack Coughing up phlegm/blood Blood per rectum Urinary frequency Back pain Nail discoloration/deformity Numbness/tingling Frequent falls Hair loss
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Other symptoms:

Signature of Patient or Legal Representative

Date

ORINDA MEDICAL GROUP

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CONSENT TO THE USE AND DISCLOSURE OF HEALTH INFORMATION FOR TREATMENT, PAYMENT, OR HEALTHCARE OPERATIONS

NAME: _____

I understand that as part of my healthcare, Whiting & Whiting originates and maintains health records describing my health history, symptoms, examination and test results, diagnoses , treatment and any plans for future care for treatment.

I understand that this information serves as:

- A basis for planning my care and treatment.
- A means of communication among the many healthcare professionals who contribute to my care.
- A course of information for applying my diagnosis and surgical information to my bill.
- A means by which third payer can verify that services billed were provided.
- A means by which call and leave a message regarding appointment reminders, insurance items, and any call pertaining to your clinical care, including laboratory results at the physician discretion.

I understand that I have the right:

- To request restrictions as to how my health information may be used or disclosed to carry out treatment payment or health care operations and that the organization is not required to agree to the restrictions requested.
- To revoke this consent in writing, except to the extent that the practice has already made disclosure in the reliance upon my prior consent. I fi do not sign this consent, Whiting & Whiting may decline to provide treatment to me.

I request the following restrictions to the use or disclosure of my health information:

Signature of Patient or Legal Representative

Date